



希愈
醫療中心

新風醫療成員

臻善健康身體 檢查計劃



為注重健康的您 全面檢查身體

臻善健康身體檢查計劃透過全面及專業的檢查了解個人健康狀況，讓關心身體健康的您，及早預防和找出潛在的健康風險，由專業的醫學團隊擬定個人化的健康管理方案，與您一同守護一生健康。

上醫治未病，我們的醫學團隊深信一個完善的身體檢查，應該找出不明顯的疾病風險，在發病之前，管理健康風險，防患於未然。所以我們的身體檢查方案，除了基本的檢查項目外，更加上為繁忙的都市人而設的檢查項目，包括：(1) 臨床心理學家的心理健康評估，了解長期的精神壓力對健康帶來的影響；(2) 中醫調理服務，都市人常處於亞健康狀態，中醫治療可舒緩不適和小毛病；(3) 肝纖維化評估，用量化的數據，評估肝臟的狀態；(4) 非入侵性大腸癌風險檢測，憑著對大便細菌的分析，作出對腸癌風險的估算。

檢查完畢後，體檢報告將由臨床經驗豐富的全科醫生親自跟進，結合臨床診斷及全面評估，詳細講解及分析報告內容，找出即時及潛在健康風險，並提供健康管理方案，積極改進您的健康，讓你活出更好的人生。

重點項目



全科醫生詳細健康評估
及講解跟進驗身報告



心理健康評估



中醫調理服務



肝纖維化評估



非入侵性大腸癌風險檢測

「生命的意義不在長短，而在豐富的內涵。」

服務價錢

HK\$ 12,800

驗血與身體檢查



血液測試 身體健康狀況概覽

- 血液細胞分析(全血計數)



骨骼及肌肉健康 了解肌肉骨骼系統發展

- 血鈣檢查
- 血磷檢查
- 血液維他命D水平
- 身體成分分析



心肺健康 了解心肺和血管健康

- 血脂檢查
- 靜態心電圖檢查
- 肺部X光檢查



肝腎及腸道 了解身體排毒功能

- 腎功能檢查組合
- 肝酵素水平
- 白蛋白和球蛋白比例
- 尿液常規檢查
- 大便隱血測試
- 膽紅素水平
- 尿蛋白分析



內分泌檢查 了解身體代謝健康

- 空腹血糖指數
- 糖化血色素測試
- 促甲狀腺激素檢查
- 尿酸檢查



進階健康檢查 評估常見健康風險

- 肝纖維化掃描(肝臟損傷的檢查)
- M3CRC非入侵性大腸癌風險檢測
- 全腹腔超聲波檢查(全面檢查主要內臟狀況)
- 幽門螺旋菌抗體測試(簡易血清篩查早期胃炎)

升級自選項目

骨質密度檢查	HK\$ 1,150
心臟電腦掃描(冠狀動脈造影及鈣化定量)	HK\$ 5,500
前列腺特異抗原檢查(男士)	HK\$ 400
乳房超聲波檢測(女士)	HK\$ 1,530
乳房2D造影檢查(女士)	HK\$ 1,785
低幅射胸腔電腦掃描*	HK\$ 2,000

*如選擇低幅射胸腔電腦掃描，可省略肺部X光檢查

健康策略管理

完成身體檢查後，專業全科醫生將會因應您的身體狀況及需要對症下藥，給予您一系列健康管理策略及計劃，以便您可以在日常生活作出改善，並適時提供跟進和轉介治療，助您及早為健康籌謀，擁抱精彩人生。



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了解更多



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Ultra Health Screening



Our most comprehensive medical check up for those ready for a transformation

Our Ultra Health Check service is designed for discerning clients to optimize their health in the prime of their lives. This plan aims to provide early prevention, detection, treatment of medical conditions, as well as strategies for health improvement.

To understand your health challenges and aspirations, our dedicated General Practitioner will work with you with a personalized investigation plan. Our clinical psychologist and TCM doctors will also carry out supplementary investigations; to get a holistic snapshot of your health.

In the follow up consultation, imminent threats and potential risks will be highlighted and addressed by our resident specialists with a strategic wellness plan.

Key Features



Pre and Post
Investigation Consultation



Mental Wellness
Assessment



Integrative TCM
Consultation



Quantitative Liver
Assessment



Non Invasive Colorectal
Cancer Risk Assessment

*“Count not the years in your life
but the life in your years.”*

Pricing Plan

HK\$ 12,800

Blood Tests and Investigations



Blood Profile Assess general state of health

- Complete Blood Count with Differentials



Bone and Muscle Health Study the building blocks for your musculoskeletal health

- Calcium
- Phosphorus
- Vitamin D
- InBody



Heart and Lung Health Understand your cardiovascular and lung conditions

- Lipid Profile
- Resting ECG
- Chest X-Ray



Kidney, Gut and Liver Health Know your ability to detoxify your body

- Renal Function Profile
- Liver Function Test
- Albumin/Globulin Ratio
- Urine Routine Test
- Fecal Occult Blood Test
- Bilirubin
- Urine Protein Analysis



Endocrine Understand your metabolic health

- Fasting Blood Glucose
- HbA1c
- Thyroid Stimulating Hormone
- Uric Acid



Supplementary Investigations Assess common but serious health risks

- Fibroscan (Liver Elasticity)
- M3CRC Test (Colorectal Cancer Risk)
- Ultrasound Whole Abdomen (Core Organs Overview)
- Helicobacter Pylori IgG Ab (Stomach Infection)

Add-ons

Dexa	HK\$ 1,150
CT Coronary Angiogram with Calcium Score	HK\$ 5,500
PSA Test (Men)	HK\$ 400
Ultrasound Breast (Women)	HK\$ 1,530
2D Mammogram (Women)	HK\$ 1,785
Low Dose CT Thorax*	HK\$ 2,000

*Chest X-Ray can be omitted if upgraded to low dose CT Thorax

Wellness Playbook

Working with our General Practitioner you will receive a comprehensive wellness playbook to manage your ailments and improve your health. This step-by-step strategy includes medical interventions, as well as lifestyle changes. This also serves as a baseline for future conversations with your General Practitioner, enabling you to live your life to the fullest.

